

FOR YOUR INFORMATION

NOTICES: All notices are subject to approval and must be received by 12 noon Wed for publication Sun.

Sunday Services

7.30am: Eucharist

9.30am: 1st Sunday: Communion

2nd Sunday: Morning Prayer, band

3rd, 4th, 5th Sunday: Morning Prayer

7.30am

TIS 555 Put all your trust in God

TIS 714 Eat this bread, drink this cup

TIS 466 Peace with the Father

TIS 83 Let us with a gladsome mind

9.30am

TIS 411 Filled with the Spirit's power

TIS 714 Eat this bread, drink this cup

TIS 538 Feed us now Bread of life

Precious Lord, take my hand

TIS 239 I am the bread of life

Readings for 15 August 2021

1 Kings 2.10-12; 3.3-14

Psalms 111

Ephesians 5.11-21

John 6.51-58

PARISH CONTACTS

Dean

The Very Reverend Melusi Sibanda

T: 4927 6555

M: 0498 164 681

Wardens

Bev Russell T: 0428 886 056

Lewis Dunne T: 4921 4219

Parish Office Tel: 4927 6555

1/89 William Street, Rockhampton.

Email: cathedral@anglicanchurchcq.org.au

Web: www.rockhamptoncathedral.org.au

Facebook: @rockhamptonanglican

Instagram: stpaulscathedralrockhampt

Office hours – the office is currently open on Wednesday and Friday mornings from 9am to 12noon.

Bank details (for offering):

BSB: 014-690

Account: Cathedral Parish General

Account Number: 2987-20958

Black Friday Social Night: Is thirteen your lucky number? Come along to our next social night on Friday 13 August and find out – maybe you will have chair no 13! Doors open 6.30pm, frivolity and food start from 7pm, so round up some friends, join in and have a good laugh as we share in some fun trivia. \$15 entry covers meal and fun, drinks on sale, lucky door prize. For catering purposes please put your name on the sheet in the narthex if you will be attending.

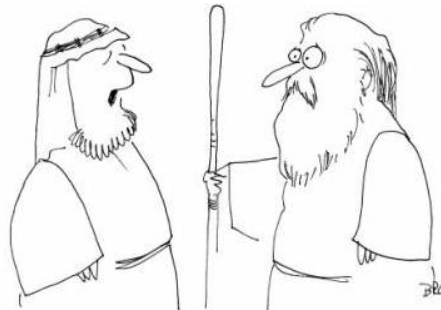
Rockhampton Musical Union Choir concert at St Josephs: Sunday 15/8 at 1.30 pm. Gold coin donation.

Bible Study: Wednesday 10am with Margaret Anderton – next meeting 18/8

Bible Study Tuesday 7.00pm with the Rev Barbara Blackford follows the Sunday Journal with preparation for the next Sunday's readings.

Mothers' Union Stall: will be held Sunday 22/8 after both services. Anyone wishing to donate craft, cooking (remember ingredients must be displayed on cooking) or items of interest, drop items to the hall on Saturday 21/8 from 2 - 4 pm. Anything you can provide will be greatly appreciated.

Pew Reflection: "If and when a horror turns up you will then be given Grace to help you. I don't think one is usually given it in advance. 'Give us our daily bread' (not an annuity for life) applies to spiritual gifts too; the little daily support for the daily trial. Life has to be taken day by day and hour by hour." – CS Lewis



Moses, some of the people are requesting gluten free manna.

Welcome to St Paul's Cathedral

08 August – 11th Sunday after Pentecost.



It is lovely to share in worship this morning. A very warm welcome to any newcomers or visitors. Please join us for morning tea fellowship in the hall after the service.

Sentence:

Why do you spend your money for that which is not bread, and your labour for that which does not satisfy? Eat what is good, and delight yourselves in rich food.
Isaiah 55.2

Collect:

Living God, whose Son Jesus fed the hungry with the bread of his life and the word of his kingdom: renew your people with your heavenly grace, and in all our weakness sustain us with your true and living bread, Jesus Christ our Lord; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

IN OUR PRAYERS TODAY:

The Church In Australia: The Diocese of Bunbury

CQ Diocese: Diocesan Ministry Area of Middlemount/ Dysart

People In The Parish And Beyond: The congregations in our Parishes, Science and scientists, Those struggling with ethical issues raised by science, The Baptist Church.

Partner Diocese-Popondota (Png): Kokoda Archdeaconary, Gorari Parish, Kebara Parish, Poraripa, Sairope

Those known to us:

In Need: Brian and Jacqueline, Ray, Amy and family.

In Memoriam: Kerry Gyemore.

Recently Departed: Wylie Gibbons.

We care about you, so please let Dean Melusi or the Wardens know if you, a family member or someone you know, needs pastoral care or wants to be included in our prayers for healing.

8 August - Eleventh Sunday After Pentecost

2 Samuel 18.5-9, 18.14, 18.31-33

⁵ The king gave orders to Joab and Abishai and Ittai, saying, 'Deal gently for my sake with the young man Absalom.' And all the people heard when the king gave orders to all the commanders concerning Absalom. ⁶ So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. ⁷ The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. ⁸ The battle spread over the face of all the country; and the forest claimed more victims that day than the sword. ⁹ Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. ¹⁴ Joab said, 'I will not waste time like this with you.' He took three spears in his hand, and thrust them into the heart of Absalom, while he was still alive in the oak. ³¹ Then the Cushite came; and the Cushite said, 'Good tidings for my lord the king! For the Lord has vindicated you this day, delivering you from the power of all who rose up against you.' ³² The king said to the Cushite, 'Is it well with the young man Absalom?' The Cushite answered, 'May the enemies of my lord the king, and all who rise up to do you harm, be like that young man.' ³³ The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, 'O my son Absalom, my son, my son Absalom! Would that I had died instead of you, O Absalom, my son, my son!'

Hear the word of the Lord, ***Thanks be to God.***

Psalm 130

¹ Out of the depths have I called to you, O Lord:

Lord, hear my voice;

² O let your ears consider well:

the voice of my supplication.

³ If you, Lord, should note what we do wrong:

who then, O Lord, could stand?

⁴ But there is forgiveness with you:

so that you shall be feared.

⁵ I wait for the Lord, my soul waits for him:

and in his word is my hope.

⁶ My soul looks for the Lord:

more than watchmen for the morning, more, I say, than watchmen for the morning.

⁷ O Israel, trust in the Lord, for with the Lord there is mercy:

and with him is ample redemption.

⁸ He will redeem Israel:

from the multitude of their sins.

Ephesians 4.25-5.2

⁴ ²⁵ So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. ²⁶ Be angry but do not sin; do not let the sun go down on your anger, ²⁷ and do not make room for the devil. ²⁸ Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. ²⁹ Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. ³⁰ And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. ³¹ Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, ³² and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. **5** ¹ Therefore be imitators of God, as beloved children, ² and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Hear the word of the Lord, ***Thanks be to God.***

Gospel – John 6.35, 6.41-51

The Gospel of our Lord Jesus Christ according to John, chapter 6, verse 35, verses 41 to 51o 35.

Glory to you Lord Jesus Christ

John 6.35, 6.41-51

³⁵ Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. ⁴¹ Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' ⁴² They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' ⁴³ Jesus answered them, 'Do not complain among yourselves. ⁴⁴ No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. ⁴⁵ It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. ⁴⁶ Not that anyone has seen the Father except the one who is from God; he has seen the Father. ⁴⁷ Very truly, I tell you, whoever believes has eternal life. ⁴⁸ I am the bread of life. ⁴⁹ Your ancestors ate the manna in the wilderness, and they died. ⁵⁰ This is the bread that comes down from heaven, so that one may eat of it and not die. ⁵¹ I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

For the Gospel of the Lord, ***Praise to you Lord Jesus Christ***

The Scripture is taken from the New Revised Standard Version of the Bible. Copyright © 1989 National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.