

## FOR YOUR INFORMATION

**NOTICES: All notices for inclusion are subject to approval and must be received by 12 noon Wednesday for publication the following Sunday.**

### Sunday Services

7.30am: Eucharist

9.30am: 1<sup>st</sup> Sunday: Communion

2<sup>nd</sup> Sunday: Morning Prayer, band

3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> Sunday: Morning Prayer

### 7.30am

TIS 131 Father of heaven

TIS 535 I am the bread of life

TIS 559 A new heart, Lord, create in me

TIS 456 Your hand, O God, has guided

### 9.30am

TIS 693 Come as you are

SOF 43 Bind us together, Lord

TIS 535 I am the bread of life

TIS 569 Guide me, O thou great Redeemer

### Readings for 8 August 2021

2 Samuel 18.5-9, 18.14, 18.31-33

Psalms 130

Ephesians 4.25-5.2

John 6.35, 6.41-51

### PARISH CONTACTS

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**Office hours** – the office is currently open on Wednesday and Friday mornings from 9am to 12noon.

**Bank details** (for offering):

BSB: 014-690

Account: Cathedral Parish General

Account Number: 2987-20958

**Anglicare:** Thanks very much to all those who have donated food during July to help people who do not have enough to eat. Anglicare really appreciates our donations. We pray a blessing on those who donate so generously, those who will receive our gifts, and Anglicare who care for them.  
Noelle Frazer

**Important notice for Sunday 8<sup>th</sup> August:** It is highly likely that there will be no power to the Cathedral precinct next Sunday from 8.30 am. This will affect the 9.30 am service – the band, lighting, the screen and morning tea. Morning prayer will be conducted.

**Black Friday Social Night:** Is thirteen your lucky number? Come along to our next social night on Friday 13 August and find out – maybe you will have chair no 13! Doors open at 6.30pm with frivolity and food starting from 7pm, so round up some friends, join in and have a good laugh as we share in some fun trivia. \$15 entry covers meal and fun, with drinks on sale, and lucky door prize. For catering purposes please put your name on the sheet in the narthex if you will be attending.

**Bible Study: Wednesday 10am** with Margaret Anderton – next meeting 4/8.

**Bible Study Tuesday 7.00pm** with the Rev Barbara Blackford follows the Sunday Journal with preparation for the next Sunday's readings.

**Mothers' Union Stall:** will be held on Sunday 22nd August, for both services. Anyone wishing to donate craft, cooking (please remember ingredients must be displayed on cooking) or items of interest, you may drop items to the hall on Saturday 21st August from 2 - 4 pm. Anything you can provide will be greatly appreciated.

**Contact details:** Please update your contact details. Update forms are available at the front door or the office.

**Pew Reflection:** Remember that not getting what you want is sometimes a wonderful stroke of luck. —Dalai Lama

## Welcome to St Paul's Cathedral

**01 August – 10<sup>th</sup> Sunday after Pentecost.**



It is lovely to share in worship this morning. A very warm welcome to any newcomers or visitors. Please join us for morning tea fellowship in the hall after the service.

**Sentence:** Why do you spend your money for that which is not bread, and your labour for that which does not satisfy? Eat what is good, and delight yourselves in rich food.  
*Isaiah 55.2*

**Collect:** Living God, whose Son Jesus fed the hungry with the bread of his life and the word of his kingdom: renew your people with your heavenly grace, and in all our weakness sustain us with your true and living bread, Jesus Christ our Lord; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

### IN OUR PRAYERS TODAY:

The Archbishop of Canterbury

**The Church In Australia:** The Primate, Synod

**CQ Diocese:** The Administrator, Diocesan Treasurer & Registrar, Archdeacons, all diocesan committees and organisations including: Bishop-in-Council members

**People In The Parish And Beyond:** The Mission of the Church. The prayer life of the Parishes. The unemployed.

**Partner Diocese-Popondota (Png):** The Bishop, Diocesan Secretary, Diocesan Committees

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### Those known to us:

**In Need:** Brian and Jacqueline, Ray, Amy and family.

**In Memoriam:** Garth Freeman, Horace Cookson, Brent Acton, Elsie Marsh, Mary Baker, Cedric Jackson, Leopold Cooper, John Bennett, William Robertson.

**We care about you, so please let Dean Melusi or the Wardens know if you, a family member or someone you know, needs pastoral care or wants to be included in our prayers for healing.**

## 1 August - Tenth Sunday After Pentecost - 1<sup>st</sup> Reading – 2 Samuel 11.26-12.13a

11 <sup>26</sup> When the wife of Uriah heard that her husband was dead, she made lamentation for him. <sup>27</sup> When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son. **12** <sup>1</sup> and the Lord sent Nathan to David. He came to him, and said to him, 'There were two men in a certain city, one rich and the other poor. <sup>2</sup> The rich man had very many flocks and herds; <sup>3</sup> but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meagre fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. <sup>4</sup> Now there came a traveller to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him.' <sup>5</sup> Then David's anger was greatly kindled against the man. He said to Nathan, 'As the Lord lives, the man who has done this deserves to die; <sup>6</sup> he shall restore the lamb fourfold, because he did this thing, and because he had no pity.' <sup>7</sup> Nathan said to David, 'You are the man! Thus says the Lord, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; <sup>8</sup> I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. <sup>9</sup> Why have you despised the word of the Lord, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. <sup>10</sup> Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. <sup>11</sup> Thus says the Lord: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbour, and he shall lie with your wives in the sight of this very sun. <sup>12</sup> For you did it secretly; but I will do this thing before all Israel, and before the sun.' <sup>13</sup> David said to Nathan, 'I have sinned against the Lord.' Nathan said to David, 'Now the Lord has put away your sin; you shall not die.'

Hear the word of the Lord, ***Thanks be to God.***

### Psalm 51.1-12

<sup>1</sup> Have mercy on me, O God, in your enduring goodness:  
**according to the fulness of your compassion blot out my offences.**  
<sup>2</sup> Wash me thoroughly from my wickedness:  
**and cleanse me from my sin.**  
<sup>3</sup> For I acknowledge my rebellion:  
**and my sin is ever before me.**  
<sup>4</sup> Against you only have I sinned and done what is evil in your eyes:  
**so you will be just in your sentence and blameless in your judging.**  
<sup>5</sup> Surely in wickedness I was brought to birth:  
**and in sin my mother conceived me.**  
<sup>6</sup> You that desire truth in the inward parts:  
**O teach me wisdom in the secret places of the heart.**  
<sup>7</sup> Purge me with hyssop, and I shall be clean:  
**wash me, and I shall be whiter than snow.**  
<sup>8</sup> Make me hear of joy and gladness:  
**let the bones which you have broken rejoice.**  
<sup>9</sup> Hide your face from my sins:  
**and blot out all my iniquities.**  
<sup>10</sup> Create in me a clean heart, O God:  
**and renew a right spirit within me.**  
<sup>11</sup> Do not cast me out from your presence:  
**do not take your holy spirit from me.**  
<sup>12</sup> O give me the gladness of your help again:  
**and support me with a willing spirit.**

## 2<sup>nd</sup> Reading – Ephesians 4.1-16

<sup>1</sup> I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, <sup>2</sup> with all humility and gentleness, with patience, bearing with one another in love, <sup>3</sup> making every effort to maintain the unity of the Spirit in the bond of peace. <sup>4</sup> There is one body and one Spirit, just as you were called to the one hope of your calling, <sup>5</sup> one Lord, one faith, one baptism, <sup>6</sup> one God and Father of all, who is above all and through all and in all. <sup>7</sup> But each of us was given grace according to the measure of Christ's gift. <sup>8</sup> Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.' <sup>9</sup> (When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? <sup>10</sup> He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) <sup>11</sup> The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, <sup>12</sup> to equip the saints for the work of ministry, for building up the body of Christ, <sup>13</sup> until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. <sup>14</sup> We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. <sup>15</sup> But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, <sup>16</sup> from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Hear the word of the Lord, ***Thanks be to God.***

### Gospel – John 6.24-35

The Gospel of our Lord Jesus Christ according to John, chapter 6, reading from verses 24 to 35.

### ***Glory to you Lord Jesus Christ***

#### John 6.24-35

<sup>24</sup> So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. <sup>25</sup> When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' <sup>26</sup> Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. <sup>27</sup> Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' <sup>28</sup> Then they said to him, 'What must we do to perform the works of God?' <sup>29</sup> Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' <sup>30</sup> So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing?' <sup>31</sup> Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat." <sup>32</sup> Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. <sup>33</sup> For the bread of God is that which comes down from heaven and gives life to the world.' <sup>34</sup> They said to him, 'Sir, give us this bread always.' <sup>35</sup> Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

For the Gospel of the Lord, ***Praise to you Lord Jesus Christ***

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