

FOR YOUR INFORMATION

NOTICES: All notices for inclusion are subject to approval and must be received by 12 noon Wednesday for publication the following Sunday.

Sunday Services from 7th Feb 2021:

Starting with Sunday 7th Feb there will be two services, 7.30am and 9.30am.

Services This Week:

Sunday 7th Feb:
7.30am Eucharist
9.30am Eucharist

Readings for 14th February 2021:

2 Kings 2.1-12
Psalm 50.1-6
2 Corinthians 4.3-12
Mark 9.2-9

PARISH CONTACTS

Dean

The Very Reverend Melusi Sibanda
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Wardens

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Bank details (for offering):

BSB: 014-690
Account: Cathedral Parish General
Account Number: 2987-20958

Office hours – the office is currently open on Wednesday and Friday mornings from 9am to 12noon.

15th Feb 7.00pm: Parish Council meeting in Nathaniel Dawes Hall

Friday 12th Feb: Love is in the air!

Show your romantic side as we enjoy our next social night on Friday 12 Feb, starting at 7pm. Share in the food, music and frivolity as we celebrate St Valentine's Day. Come along, join in and have a good laugh with your fellow parishioners. Bring along some friends as well. \$12 entry includes meal and fun. Drinks on sale, and raffle. For catering purposes please let us know if you will be coming along.

17th Feb 7.15pm Wed: MU Annual meeting of St Paul's Branch in Nathaniel Dawes Hall

27th Feb 11.00am: installation of the Right Reverend Peter Grice as 13th Bishop of Rockhampton. If you wish to attend, please put your name on the sheet in the narthex or see Bev or Lewis.

5th March: World Day of Prayer 2021 at St David's, North Rockhampton. See the notice board for additional information.

7th March: The AGM will be held after the 9.30 service on Sunday 7/3. All annual reports for the AGM must be in the office by Sunday 31 January.

Pew Reflection:

Paul is a chameleon. He is a Jew but is a follower of Christ. The cost to us is the call to leave all of this world behind and follow Jesus.

Jesus our friend, we ask that you give us courage to leave our selves behind and follow you, trusting in you and relying on your faithfulness to us that we may be confident to proclaim the good news we have in you.

☺ Sunday Smile:

A Sunday School teacher asked her class, "Does anyone here know what we mean by sins of omission?" A small girl replied: "Aren't those the sins we should have committed, but didn't?"

WELCOME TO ST PAUL'S CATHEDRAL 07 FEB. 2021 – 5TH SUNDAY AFTER EPIPHANY



It is lovely to share in worship this morning. A very warm welcome to any newcomers or visitors.

A special welcome to the family and friends of Kaeden and Amaya who are being baptised at the 9.30 service

SENTENCE:

Those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles. *Isaiah 40.31*

PRAYER OF THE DAY:

Saving God, whose Son, Jesus Christ, healed the sick and brought them wholeness of body and mind: inspire us, his disciples, so that we may constantly proclaim his gospel by our words and by the dedication and integrity of our lives; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

IN OUR PRAYERS TODAY

Church in Australia: The Diocese of Brisbane

CQ Diocese: The website and all those who contribute to it.

People in the Parish and Beyond: The World Council of Churches, The National Council of Churches, Queensland Churches Together, Ecumenical trust and co-operation.

Our partner Diocese – PNG: Asafa/Gorobuna Parish, Eiwo, Emo River Parish, Wora

Those known to us:

In Need: Brian and Jacqueline, Carmel, Ray, Phillip.

In Memoriam: Lucy Boelens, Albert Frisby, Lorraine Irwin, Gloria Sanderson, June Gosbee, Anthony Graham, Betty Fletcher

We care about you, so please let Dean Melusi or the Wardens know if you, a family member or someone you know, needs pastoral care or wants to be included in our prayers for healing.

1st Reading - Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, 'My way is hidden from the Lord, and my right is disregarded by my God'? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Hear the word of the Lord,

Thanks be to God.

Psalm 147:1-11

O praise the Lord, for it is good to sing praises to our God:

and to praise him is joyful and right.

The Lord is rebuilding Jerusalem:

he is gathering together the scattered outcasts of Israel.

He heals the broken in spirit:

and binds up their wounds.

He counts the number of the stars:

and calls them all by name.

Great is our Lord, and great is his power:

there is no measuring his understanding.

The Lord restores the humble:

but he brings down the wicked to the dust.

O sing to the Lord a song of thanksgiving:

sing praises to our God upon the harp.

He covers the heavens with cloud, and prepares rain for the earth:

and makes the grass to sprout upon the mountains.

He gives the cattle their food:

and feeds the young ravens that call to him.

He takes no pleasure in the strength of a horse:

nor does he delight in anyone's legs,

but the Lord's delight is in those that fear him:

who wait in hope for his mercy.

2nd Reading - 1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe betide me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, so that I might by any means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Hear the word of the Lord,

Thanks be to God.

Gospel – Mark 1:29-39

The Gospel of our Lord Jesus Christ according to Mark, chapter 1, reading from verse 29 to 39.

Glory to you Lord Jesus Christ

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sunset, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, 'Everyone is searching for you.' He answered, 'Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do.' And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

For the Gospel of the Lord,

praise to you Lord Jesus Christ

NOTICES THAT DON'T FIT

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17th Feb: Ash Wednesday is fast approaching, now is the time to return your old palm crosses to be burnt for this year's Ash Wednesday service, which will be celebrated on Wed 17th Feb with one service only at 9am with Eucharist and Imposition of Ashes. This service will be modified to comply with COVID – 19 restrictions. Ashes will be contained in individual sealed containers for you to self administer with spares available for those who wish to take them home for family or friends.

Saturday 20th Feb: Farewell to Tom and Caroline

Please join us to say thanks to our Administrator and Archdeacon on Saturday 20th Feb at 11.00am at St Paul's Cathedral, Rockhampton.

Program:

11.00am music and fellowship

11.45am service

12.30-2.00pm BBQ lunch

RSVP to bishop.pa@anglicanchurchcq.org.au

Anyone who wishes to contribute to Religious Education in state schools please see the notice board in the narthex or speak to Bev Russell.

ABM deductions are going to those suffering due to COVID 19. Those who give via direct debit can contact Cheryl Haughton to have part of their deduction go to ABM - OR - You can get a bundle of envelopes from the wardens/office and use the ABM half.

Name Badges: Individual St Paul's Cathedral name badges cost \$11 each. Please place your order on the sheet in the narthex or speak to Bev Russell.